

## CHAPTER 1 WHAT IS HUMAN SEXUALITY?

### 1.1 Multiple Choice

1) A comparison of the sexual beliefs and customs of the inhabitants on the small islands of Inis Beag and Mangaia best demonstrates which of the following?

- A) Sexual attitudes and customs can differ considerably between cultures.
- B) Island cultures have remarkably similar sexual attitudes throughout the Atlantic and Pacific Oceans.
- C) Cultures from small geographic locations typically have restrictive sexual attitudes and customs.
- D) People who consume large amounts of fish typically have more permissive sexual attitudes and customs.

*Answer: A*

*Diff: 3 Page Ref: 2*

*Skill: Conceptual*

2) The authors of your text define human sexuality as

- A) our awareness of ourselves and others as female or male.
- B) our capacity for procreation.
- C) the way we experience and express ourselves as sexual beings.
- D) the way we engage in sexual intercourse or sexual fantasy throughout our lives.

*Answer: C*

*Diff: 2 Page Ref: 4*

*Skill: Conceptual*

3) Which of the following are parts of human sexuality?

- A) Ways of expressing ourselves as sexual beings
- B) Our awareness of ourselves as females or males
- C) Our capacity for erotic experiences
- D) All of the above are a part of human sexuality

*Answer: D*

*Diff: 2 Page Ref: 4*

*Skill: Conceptual*

4) For many researchers today, the term \_\_\_\_\_ refers to anatomic or biological categories, whereas \_\_\_\_\_ refers to social or cultural categories.

- A) sex; values
- B) sex; gender
- C) gender; sex
- D) gender; values

*Answer: B*

*Diff: 1 Page Ref: 4*

*Skill: Factual*

5) The behavioral, cultural, or psychological traits that are typically associated with one sex are called

- A) gender.
- B) sexual behavior.
- C) gender roles.
- D) human sexuality.

*Answer: A*

*Diff: 1 Page Ref: 4*

*Skill: Factual*

6) Growing up in East L.A., Jose learned when to hide or show his feelings, how his actions must honor his family, how to court women, and how to “be tough” by holding his alcohol. Jose has learned

- A) valuable lessons for life.
- B) his culture’s definition of gender.
- C) sexist beliefs.
- D) his culture’s gender roles for men.

*Answer: D*

*Diff: 3 Page Ref: 4*

*Skill: Applied*

7) Harold believes that men and women choose different jobs because they have learned to think it is more acceptable for men in their culture to have certain jobs and for women to have others. Based on the vocabulary from your text, Harold believes the differences between men and women are

- A) a sex difference.
- B) a sex role difference.
- C) a gender difference.
- D) a sexual behavior difference.

*Answer: C*

*Diff: 2 Page Ref: 4*

*Skill: Applied*

8) In regards to making sexual decisions, the scientists who study human sexuality are likely to

- A) advocate certain values that people should use in sexual decision making.
- B) provide people with scientific information that can be used in sexual decision making.
- C) try to change how people make decisions about sexual behaviors.
- D) have an unrealistic or limited view of the sexual decisions people commonly face in their lives.

*Answer: B*

*Diff: 3 Page Ref: 4*

*Skill: Conceptual*

9) A society with pluralistic sexual attitudes and values has a(n)

- A) liberal view of sexual attitudes and values.
- B) conservative view of sexual attitudes and values.
- C) wide range of sexual attitudes and values.
- D) outdated view of sexual attitudes and values.

*Answer: C*

*Diff: 1 Page Ref: 4*

*Skill: Factual*

10) A society that embraces a wide range of sexual attitudes and values is called

- A) liberal.
- B) sexually repressive.
- C) sexually permissive.
- D) pluralistic.

*Answer: D*

*Diff: 2 Page Ref: 4*

*Skill: Factual*

- 11) Statements about what is right or wrong, or desirable versus undesirable, are expressions of a person's
- A) knowledge on a topic.
  - B) beliefs.
  - C) political views.
  - D) values.

*Answer: D*

*Diff: 1 Page Ref: 5*

*Skill: Applied*

- 12) Which of the following best describes values in the United States of America?
- A) Given the diversity of American society, no single value system defines all of America.
  - B) American values are primarily part of a hedonistic value system.
  - C) Americans have embraced rationalism as a value system.
  - D) Most Americans show a strong sense of ethical relativism in discussing sexual values.

*Answer: A*

*Diff: 2 Page Ref: 5*

*Skill: Factual*

- 13) Which of the following could serve as a basis for a legalistic approach to ethical behavior?
- A) Legal documents
  - B) The creed of a religion
  - C) Policies and mandates
  - D) The love for others

*Answer: B*

*Diff: 1 Page Ref: 5*

*Skill: Conceptual*

- 14) Many religious followers accept sexual moral codes set by their religion because they
- A) can logically derive them from societal needs.
  - B) have faith and commitment.
  - C) can rationally obtain them from societal needs.
  - D) can make personal interpretations.

*Answer: B*

*Diff: 2 Page Ref: 5*

*Skill: Conceptual*

- 15) Which of the following best reflects the beliefs of someone using a legalist value system?
- A) An unhappy marriage should be prolonged to better serve his or her spouse.
  - B) An unhappy marriage should be prolonged to better serve his or her three children.
  - C) An unhappy marriage should not be prolonged because of personal consequences.
  - D) An unhappy marriage should not be ended because of religious traditions.

*Answer: A*

*Diff: 2 Page Ref: 5*

*Skill: Applied*

16) In situational ethics, ethical decision-making is guided by

- A) rigid moral rules.
- B) the creed of a religion.
- C) intellect and reasoning.
- D) the genuine love for others.

*Answer: D*

*Diff: 1                      Page Ref: 6*

*Skill: Factual*

17) Telling an outright lie, according to situational ethics, might be the moral thing to do if

- A) you can personally benefit from it.
- B) no one could possibly find out you lied.
- C) you do so out of love and concern for another.
- D) you view the situation from another religion's point of view.

*Answer: C*

*Diff: 2                      Page Ref: 5*

*Skill: Applied*

18) In ethical relativism, it is assumed that

- A) there is no single, correct moral value.
- B) human existence centers on a few central moral values.
- C) one can justify a set of moral values over another.
- D) premarital sex is unacceptable under any circumstance.

*Answer: A*

*Diff: 1                      Page Ref: 6*

*Skill: Factual*

19) A person who ascribes to cultural relativism would argue that different cultures

- A) would benefit from incorporating traditions from other cultures.
- B) may have equally valid different traditions based on their cultural beliefs.
- C) may have conflicting beliefs, but only one culture's beliefs can be correct.
- D) may be closer to holding superior value systems.

*Answer: B*

*Diff: 2                      Page Ref: 7*

*Skill: Applied*

20) Someone who does not believe in ethical realism might argue that

- A) what is right or wrong is never an absolute.
- B) not having absolute standards could lead to social chaos.
- C) moral values should always be a personal decision.
- D) religion provides no guidelines for moral behavior.

*Answer: B*

*Diff: 2                      Page Ref: 7*

*Skill: Applied*

21) Hedonism is a value system in which a person is guided by

- A) cultural traditions.
- B) the pursuit of pleasure.
- C) religious principals.
- D) helping others.

*Answer: B*

*Diff: 1                      Page Ref: 7*

*Skill: Factual*

22) Which of the following value systems is based on self-denial of material and sexual desires?

- A) Utilitarianism
- B) Hedonism
- C) Legalism
- D) Asceticism

*Answer: D*

*Diff: 1                      Page Ref: 7*

*Skill: Factual*

23) Considering the value systems used to make sexual decisions, a person using situational ethics differs from one using ethical relativism in what main way?

- A) There is no difference between situational ethics and ethical relativism.
- B) People who adhere to ethical relativism would argue that genuine love cannot be the basis on which to make moral decisions.
- C) A person using situational ethics would argue that some moral decisions can be better than others.
- D) Situational ethics focuses on the situations in which decisions are made, while ethical relativism focuses on differences between cultures.

*Answer: C*

*Diff: 3                      Page Ref: 6*

*Skill: Conceptual*

24) Utilitarianism is based on the ethical thought,

- A) "the greatest good for the greatest number."
- B) "if it feels good, do it."
- C) "ignore any principal if you can effect more good."
- D) "any sexual desire is bad."

*Answer: A*

*Diff: 1                      Page Ref: 7*

*Skill: Factual*

25) Which of the following groups is most likely to believe that reasoning can lead to ethical behavior?

- A) Hedonist and legalist
- B) Situational ethicist and ethical relativist
- C) Legalist and rationalist
- D) Rationalist and utilitarian

*Answer: D*

*Diff: 2                      Page Ref: 7*

*Skill: Conceptual*

- 26) Which of the following best reflects the beliefs of a utilitarian?
- A) An unhappy marriage should be prolonged to better serve his or her spouse.
  - B) An unhappy marriage should be prolonged to better serve his or her three children.
  - C) An unhappy marriage should not be prolonged because of personal consequences.
  - D) An unhappy marriage should not be ended because of religious traditions.

*Answer: B*

*Diff: 3            Page Ref: 7*

*Skill: Applied*

- 27) Which of the following groups is LEAST likely to use religion and religious principles to determine ethical behavior?

- A) Legalism
- B) Utilitarianism
- C) Asceticism
- D) Hedonism

*Answer: D*

*Diff: 2            Page Ref: 8*

*Skill: Conceptual*

- 28) All of the following are elements of critical thinking, EXCEPT

- A) analyzing definitions of terms.
- B) finding reasons to support your beliefs.
- C) relying on feelings and intuition.
- D) skepticism.

*Answer: C*

*Diff: 1            Page Ref: 9-10*

*Skill: Conceptual*

- 29) Using the principle of skepticism involves

- A) generalizing from the simple to the complex.
- B) finding reasons that justify your beliefs.
- C) taking nothing for granted.
- D) trusting authority figures.

*Answer: C*

*Diff: 1            Page Ref: 9-10*

*Skill: Conceptual*

- 30) In general, if a person wanted to buy a book about sex, which of the following would most likely include reliable and accurate information?

- A) A book that guarantees an orgasm within 5 minutes
- B) A book that is strictly morally based
- C) A book whose author is affiliated with a college or university
- D) A book by Dr. Phil Bagowind

*Answer: C*

*Diff: 2            Page Ref: 11*

*Skill: Applied*

- 31) After hearing the statement, “watching violence in movies leads people to be violent in their relationships,” a critical thinker about human sexuality will
- A) be cautious in accepting this conclusion, evaluate the evidence, and look for alternative explanations.
  - B) accept this statement as true if it is stated by someone with authority in society.
  - C) only accept this statement if a Web search on the topic produces a large number of sites stating the same conclusion.
  - D) All of the above are correct

*Answer: A*

*Diff: 3            Page Ref: 9-10*

*Skill: Applied*

32) All of the following are suggestions for critically thinking about the quality of sexual advice on the Internet, EXCEPT:

- A) Ignore websites that make extravagant claims.
- B) Beware of websites that only offer anecdotes to support their claims.
- C) Ignore websites listing a university or hospital as the author’s affiliation.
- D) Check the credentials of the people posting the information.

*Answer: C*

*Diff: 2            Page Ref: 11*

*Skill: Conceptual*

33) Surfing the Web, you come across a website for Dr. Anderson’s Breast Cream. The website claims that daily use of her breast enhancement cream can increase breast size in as little as two weeks. In small print at the bottom, her website lists three links to different studies that investigated the effectiveness of her cream. Which detail would likely lead a critical thinker to be very skeptical about this website?

- A) The maker of the product is a medical doctor.
- B) There are three studies listed as references for the effectiveness of the cream in increasing breast size.
- C) The website offers a quick fix for breast enhancement.
- D) The information is on the Internet.

*Answer: C*

*Diff: 2            Page Ref: 11*

*Skill: Applied*

34) Phallic symbols were commonly found in the following, EXCEPT

- A) ancient Egyptian religious ceremonies.
- B) ancient Greek jewelry.
- C) ancient Rome parades.
- D) ancient Stone Age art.

*Answer: D*

*Diff: 2            Page Ref: 12*

*Skill: Factual*

35) The worship of women’s ability to bear children was commonly found in which of the following?

- A) Ancient Egyptian religious ceremonies
- B) Ancient Greek readings
- C) Ancient Rome poetry
- D) Ancient Stone Age art

*Answer: D*

*Diff: 1            Page Ref: 12*

*Skill: Factual*

36) Phallic worship signified the penis as a symbol of

- A) generative power.
- B) fertility.
- C) ability to fertilize women.
- D) ability to perpetuate the species.

*Answer: A*

*Diff: 1                      Page Ref: 12*

*Skill: Factual*

37) Phallic worship may have come into being as

- A) women's roles became more subservient.
- B) people grew aware of the male role in reproduction.
- C) religious ceremonies gained precedence.
- D) men hunted wild animals.

*Answer: B*

*Diff: 2                      Page Ref: 12*

*Skill: Conceptual*

38) It is believed that the first human taboo involved

- A) male-male sexual behavior.
- B) female-female sexual behavior.
- C) incestuous sexual behavior.
- D) premarital sexual behavior.

*Answer: C*

*Diff: 2                      Page Ref: 12*

*Skill: Factual*

39) In "Western" cultures, incestuous sexual behavior was generally only permitted among the

- A) royal families.
- B) farming families.
- C) common families.
- D) middle class families.

*Answer: A*

*Diff: 2                      Page Ref: 12*

*Skill: Factual*

40) According to the authors, the available evidence about prehistoric sexuality is best summarized by which of the following?

- A) Prehistoric males dominated females in all aspects of their culture, as shown by male symbols of power in ancient art.
- B) There was a division of labor between men and women, and early art symbolized female (and later, male) contributions to fertility.
- C) Although ancient men and women frequently engaged in sexual behavior, they did not understand its link to childbearing.
- D) Ancient people experienced frequent deaths, short-term pairings of men and women, and rarely had children that survived.

*Answer: B*

*Diff: 3                      Page Ref: 12*

*Skill: Conceptual*

41) Which of the following best describes the ancient Hebrew attitude toward sex?

- A) Sexual desire was part of man's sinful nature, and sex should only occur in marriages when trying to procreate.
- B) Sex between men was seen as a normal and acceptable form of relationship.
- C) Sex outside of marriage was tolerated for both women and men.
- D) Sex should be a fulfilling part of a marriage, but procreation was also valued.

*Answer: D*

*Diff: 2                      Page Ref: 12-13*

*Skill: Factual*

42) The ancient Hebrews and Greeks were alike in that they both

- A) viewed women as property.
- B) permitted sexual relations only within marriage.
- C) condemned homosexual relations.
- D) had a great admiration for the human body.

*Answer: A*

*Diff: 2                      Page Ref: 12-13*

*Skill: Conceptual*

43) In early Greek culture, gods and goddesses were seen as

- A) gatekeepers of sexual mortality.
- B) sexually deviant.
- C) greedy seekers of sexual variety.
- D) asexual beings.

*Answer: C*

*Diff: 2                      Page Ref: 14*

*Skill: Factual*

44) A man in ancient Greece would likely be arrested if caught doing which of the following?

- A) Having sex with a prostitute
- B) Having sex with an adolescent male
- C) Having sex with a prepubescent boy
- D) Divorcing his wife without cause

*Answer: C*

*Diff: 2                      Page Ref: 14*

*Skill: Factual*

45) From ancient Greek, *pederasty* means

- A) sexual variety.
- B) love of boys.
- C) institution of the family.
- D) male-male sexual behavior.

*Answer: B*

*Diff: 1                      Page Ref: 14*

*Skill: Factual*

46) In ancient Greece, male-male sexual behavior was tolerated as long as it did not

- A) threaten the institution of the family.
- B) involve an adult and an adolescent.
- C) exist in the public sphere.
- D) interfere with duties to the state.

*Answer: A*

*Diff: 2                      Page Ref: 14*

*Skill: Conceptual*

47) Ancient Greeks believed that all people were

- A) inherently good.
- B) derived from the “original sin.”
- C) bi-sexual.
- D) concubines.

*Answer: C*

*Diff: 2                      Page Ref: 14*

*Skill: Factual*

48) In ancient Greek times, prostitution flourished

- A) only among the royal families.
- B) only among the average-middle class.
- C) only among the lower class.
- D) at every level of society.

*Answer: D*

*Diff: 2                      Page Ref: 14*

*Skill: Factual*

49) The ancient Greeks viewed women as

- A) unable to enjoy sex.
- B) property.
- C) inherently sinful.
- D) equal partners in loving relationships.

*Answer: B*

*Diff: 1                      Page Ref: 14*

*Skill: Factual*

50) If you were in ancient Rome, which would be true regarding male-male sexual behavior?

- A) The behavior would be acceptable if both men were adults.
- B) The behavior would be viewed as a threat to the Roman family.
- C) The behavior would be acceptable if partners were members of the lower class.
- D) The behavior would be viewed as a threat to masculinity.

*Answer: B*

*Diff: 2                      Page Ref: 14*

*Skill: Conceptual*

51) Which culture is often characterized by the sexual excesses of the rulers and upper class?

- A) Early Islam
- B) Ancient Greece
- C) Ancient Hebrews
- D) Ancient Rome

*Answer: D*

*Diff: 1                      Page Ref: 14*

*Skill: Conceptual*

52) Which of the following was a teaching of early Christians that demonstrates their association of sex with sin?

- A) Divorce was legal only in the case of adultery.
- B) Prostitution was only acceptable for unmarried men or widowers.
- C) Christian men could only take up to four wives, but only until one wife was able to bear a child.
- D) Celibacy was the ideal, but marriage was acceptable.

*Answer: D*

*Diff: 2                      Page Ref: 15*

*Skill: Conceptual*

53) During the early Christian era, divorce

- A) could be initiated by a man, but not by a woman.
- B) was not encouraged but was acceptable if the woman was barren.
- C) was completely outlawed.
- D) was granted if church officials approved the dissolution.

*Answer: C*

*Diff: 3                      Page Ref: 15*

*Skill: Conceptual*

54) Which of the following ideas most influenced early Christian views of sexuality?

- A) Jesus' idea that love and tolerance are paramount in human relations
- B) Augustine's idea that sexual lust began with the original sin of Adam and Eve
- C) Paul's idea that it was "better to marry than to burn"
- D) Moses' idea that sex is reserved for procreation alone

*Answer: B*

*Diff: 1                      Page Ref: 15*

*Skill: Factual*

55) According to Augustine, men and women could attain a state of grace only through

- A) celibacy.
- B) remaining faithful to one another.
- C) bearing children.
- D) avoidance of passion.

*Answer: A*

*Diff: 3                      Page Ref: 15*

*Skill: Applied*

56) Which of the following is true regarding Islamic culture?

- A) Both men and women must be monogamous.
- B) The family is considered the backbone of society.
- C) Premarital intercourse is acceptable.
- D) Celibacy is encouraged.

*Answer: B*

*Diff: 2            Page Ref: 15*

*Skill: Conceptual*

57) Islamic tradition holds that Muhammad decreed that marriage represented the road to

- A) ruin.
- B) original sin.
- C) virtue.
- D) happy sadism.

*Answer: C*

*Diff: 2            Page Ref: 15*

*Skill: Conceptual*

58) The majority of Islamic sects believe all of the following EXCEPT

- A) premarital intercourse is disapproved.
- B) women may only have one husband.
- C) celibacy will attain a state of grace.
- D) men may practice polygamy.

*Answer: C*

*Diff: 2            Page Ref: 15*

*Skill: Conceptual*

59) Which cultural group believes that sexual pleasure is a spiritual experience and religious duty?

- A) Hindus in India
- B) Early Christians
- C) Early Muslims
- D) Early Chinese

*Answer: A*

*Diff: 1            Page Ref: 15*

*Skill: Conceptual*

60) The *Kama Sutra* is a sexual manual from which religion or culture?

- A) Christianity
- B) Islam
- C) Hindu
- D) Chinese

*Answer: C*

*Diff: 1            Page Ref: 16*

*Skill: Factual*

61) The *Kama Sutra* is a detailed sex manual that reflected the sexual practices of

- A) all Far East cultures.
- B) the Hindu culture.
- C) the Chinese culture.
- D) the Taoist culture.

*Answer: B*

*Diff: 1 Page Ref: 16*

*Skill: Factual*

62) Compared to early Eastern religions, early Christianity

- A) had a more positive view of sexuality.
- B) had a more negative view of sexuality.
- C) was very similar in viewing sexuality.
- D) had little to say about sexuality in marriage.

*Answer: B*

*Diff: 1 Page Ref: 16*

*Skill: Applied*

63) The first detailed sex manual was produced by

- A) the Chinese culture.
- B) the Hindus.
- C) the Western Culture.
- D) the Victorians.

*Answer: A*

*Diff: 1 Page Ref: 16*

*Skill: Factual*

64) Early Taoist beliefs emphasized the harmony achieved through

- A) stimulating women's yin energy through orgasm so that men could absorb more yin energy to complement their yang energy.
- B) complementing the female essence of yin by absorbing the male essence of yang through oral sex.
- C) stimulating the male essence of yin by delaying ejaculation during intercourse and stimulating the female essence of yang by prolonging orgasm.
- D) stimulating women's yang energy by delaying female orgasm until the man's yin energy could also flow during orgasm.

*Answer: A*

*Diff: 3 Page Ref: 16*

*Skill: Conceptual*

65) To Taoist masters of China, masturbation was

- A) acceptable for men but not for women.
- B) shameful.
- C) acceptable for women only.
- D) considered a healthy sexual outlet for men.

*Answer: C*

*Diff: 1 Page Ref: 16*

*Skill: Factual*

66) During the Middle Ages, what development in European Christendom helped to elevate the status of women?

- A) The coronation of Queen Victoria
- B) The development of the modern Protestant denominations
- C) The cult of the Virgin Mary
- D) The writings of Augustine

*Answer: C*

*Diff: 1 Page Ref: 16*

*Skill: Conceptual*

67) The Protestant Reformer, Martin Luther, believed that

- A) priests should be allowed to marry and have children.
- B) sexuality was based on primitive animalistic impulses.
- C) women were forever tainted by the original sin of Eve.
- D) sexuality expression of any kind should be suppressed.

*Answer: A*

*Diff: 1 Page Ref: 17*

*Skill: Factual*

68) During the Reformation, Martin Luther and John Calvin

- A) agreed with the Roman Catholic doctrine that priests should remain celibate.
- B) split from the Roman Catholic doctrine and disputed their view on sexuality.
- C) retained the belief that sex in marriage was only allowed for procreation.
- D) believed that sexuality led to immortality.

*Answer: B*

*Diff: 1 Page Ref: 17*

*Skill: Conceptual*

69) The era named for Queen Victoria, the Victorian Era, became synonymous with

- A) sexual expression.
- B) sexual repression.
- C) sexual pleasure.
- D) sexual exploration.

*Answer: B*

*Diff: 1 Page Ref: 18*

*Skill: Factual*

70) During the Victorian era, women were commonly portrayed and believed to be

- A) wildly sexual and sinful.
- B) privately very interested in sex while publicly innocent about sexual topics.
- C) virgins, even during marriage.
- D) uninterested in sex.

*Answer: D*

*Diff: 2 Page Ref: 18*

*Skill: Conceptual*

71) In the 19th century, a diet including \_\_\_\_\_ was proposed as a way for men to control their sexual appetites.

- A) rice cereal
- B) milk products
- C) graham crackers
- D) chicken

*Answer: C*

*Diff: 1 Page Ref: 18*

*Skill: Factual*

72) The Reverend Sylvester Graham believed that ejaculation would deplete a man of his vital energies, so he should only have intercourse about

- A) once a week.
- B) once a month.
- C) every night.
- D) every other day.

*Answer: B*

*Diff: 1 Page Ref: 18*

*Skill: Factual*

73) In a published encyclopedia of sexuality, physician Havelock Ellis concluded that

- A) sexual desires in women were sinful.
- B) sexual problems were dominated by physical causes.
- C) same-sex sexual orientations were natural variations.
- D) masturbation and frequent intercourse were unhealthy.

*Answer: C*

*Diff: 2 Page Ref: 19*

*Skill: Factual*

74) In his studies of sexuality, Richard von Krafft-Ebing viewed

- A) sexual desires as natural and healthy.
- B) sexual deviations as mental diseases.
- C) gay male or lesbian orientation as an infrequent normal variation.
- D) divergent sexual behaviors as being untreatable.

*Answer: B*

*Diff: 2 Page Ref: 19*

*Skill: Factual*

75) The theory that the sex drive is our principal motivating force was developed by

- A) Havlock Ellis.
- B) Masters and Johnson.
- C) Richard von Krafft-Ebing.
- D) Sigmund Freud.

*Answer: D*

*Diff: 1 Page Ref: 19*

*Skill: Factual*

76) The research that represents the first attempts to provide broad picture of sexual behavior in the United States was conducted by

- A) Alfred Kinsey.
- B) Masters and Johnson.
- C) Havelock Ellis.
- D) Sigmund Freud.

*Answer: A*

*Diff: 1 Page Ref: 19*

*Skill: Factual*

77) Kinsey's books on the sexual behavior of males and of females

- A) confirmed most of Freud's theory.
- B) were openly criticized as being immoral and obscene.
- C) were filled with pictures of nudes and various sexual behaviors.
- D) were applauded by the United States Congress for their scientific merit.

*Answer: B*

*Diff: 1 Page Ref: 19*

*Skill: Factual*

78) Alfred Kinsey is recognized for

- A) making sex research a respectable field of study and openly discussed.
- B) the first attempts ever to study human sexual behavior.
- C) his definitive study of the human sexual response.
- D) exciting books exploring the sexual behavior of a variety of individuals.

*Answer: A*

*Diff: 1 Page Ref: 19*

*Skill: Conceptual*

79) The so-called "sexual revolution" in American sexual attitudes and practices usually refers to the

- A) 1930s.
- B) mid 1940s–mid 1950s.
- C) mid 1960s–mid 1970s.
- D) 1980s.

*Answer: C*

*Diff: 1 Page Ref: 19*

*Skill: Factual*

80) One event that may be linked to the increase in recreational or casual sexual behavior in the 1960s was

- A) the war in Vietnam.
- B) the nuclear bomb.
- C) the mass media and television.
- D) the introduction of the birth control pill.

*Answer: D*

*Diff: 1 Page Ref: 20*

*Skill: Conceptual*

81) The sexual revolution was part of a social movement characterized by

- A) social tolerance and media moderation.
- B) societal intolerance and public open-mindedness.
- C) media ignorance and public progressiveness.
- D) social permissiveness and political liberalism.

*Answer: D*

*Diff: 2            Page Ref: 20*

*Skill: Conceptual*

82) The beginning of modern gay activism in the United States is usually traced to what event?

- A) The “summer of love” in 1967
- B) The election of President Richard Nixon in 1968
- C) The Woodstock music festival in 1969
- D) The “Stonewall Rebellion” in 1969

*Answer: D*

*Diff: 2            Page Ref: 20*

*Skill: Conceptual*

83) The visibility of gay individuals in the United States increased after what events?

- A) The landing of the Mayflower and the protestant reformation
- B) The death of Queen Victoria and the publishing of the Kinsey books
- C) The development of birth control pills and the Korean War
- D) The sexual revolution and the AIDs crisis in the 1980s

*Answer: D*

*Diff: 2            Page Ref: 20*

*Skill: Conceptual*

84) What event may have reinforced many gay activists’ resolve to speak out and not remain silent?

- A) The AIDS epidemic
- B) The barring of homosexuals from St. Patrick’s Day parades
- C) Laws restricting homosexuals from adopting children
- D) Passage of sodomy laws in several states

*Answer: A*

*Diff: 2            Page Ref: 21*

*Skill: Conceptual*

85) Which researcher(s) observed people engaging in sexual activity in the laboratory?

- A) Alfred Kinsey
- B) Havelock Ellis
- C) Celia Mosher
- D) Masters and Johnson

*Answer: D*

*Diff: 1            Page Ref: 21*

*Skill: Factual*

86) Considering the historical perspective on sexuality, which of the following best summarizes attitudes toward masturbation across cultures and time?

- A) Masturbation has been tolerated in some cultures, but is currently tolerated more than in any other historical era.
- B) Masturbation is universally considered negatively, though some cultures are less negative than others.
- C) Masturbation has been condemned, tolerated, or encouraged depending on the culture and era.
- D) It is only in recent history that masturbation has been seen as an alternative to sexual intercourse.

*Answer: C*

*Diff: 3                      Page Ref: 21*

*Skill: Conceptual*

87) Random genetic changes that are important in evolution are called

- A) mutations.
- B) RNA shifts.
- C) unnatural selectors.
- D) cultural shifts.

*Answer: A*

*Diff: 1                      Page Ref: 22*

*Skill: Factual*

88) Which statement best describes the concept of natural selection?

- A) Animal and plant species are created independently.
- B) Better-adapted organisms are more likely to survive to reproduce.
- C) The strongest offspring will fight and not have time or energy to reproduce.
- D) The most attractive members of a species are most likely to survive.

*Answer: B*

*Diff: 1                      Page Ref: 22*

*Skill: Conceptual*

89) Human cells normally contain

- A) 46 genes.
- B) 23 chromosomes.
- C) 46 pairs of chromosomes.
- D) 23 pairs of chromosomes.

*Answer: D*

*Diff: 1                      Page Ref: 22*

*Skill: Factual*

90) Genes are segments of chromosomes, which are composed of

- A) DNA.
- B) hormones.
- C) proteins.
- D) molecules.

*Answer: A*

*Diff: 1                      Page Ref: 22*

*Skill: Factual*

91) As variations are introduced through genetic changes, mutations

- A) occur methodically.
- B) are non-adaptive.
- C) are subject to natural selection.
- D) impair reproductive success.

*Answer: C*

*Diff: 2            Page Ref: 22*

*Skill: Conceptual*

92) Considering the concept of “erotic plasticity,” research shows that

- A) men show greater variation in sexual behavior over time.
- B) women seem less responsive to cultural factors.
- C) women show greater erotic plasticity than men do.
- D) men show greater erotic plasticity than women do.

*Answer: C*

*Diff: 1            Page Ref: 22*

*Skill: Conceptual*

93) The female of a species of animal eats the male after they mate. In the study of evolution, this behavior

- A) will persist if it increases reproductive success.
- B) decreases species survival.
- C) is abrupt and abnormal because males are necessary for raising offspring.
- D) All of the above

*Answer: A*

*Diff: 1            Page Ref: 23*

*Skill: Conceptual*

94) From an evolutionary perspective,

- A) women are naturally more promiscuous than men.
- B) women’s reproductive success was related to the number of male partners.
- C) men’s reproductive success is enhanced by mating with the fittest females.
- D) women have to be more selective with respect to their mating partners.

*Answer: D*

*Diff: 1            Page Ref: 23*

*Skill: Conceptual*

95) Some evolutionary psychologists contend that

- A) hormones govern the biological processes of sexual behavior across species.
- B) genes are responsible for regulating sexual behavior in humans.
- C) social behaviors also may have evolved by aiding survival or reproduction.
- D) heredity is the most important determinant of behavior in humans.

*Answer: C*

*Diff: 2            Page Ref: 23*

*Skill: Conceptual*

- 96) The cross-species perspective on human sexuality focuses on
- A) examining biological knowledge across human history and across cultures.
  - B) looking both for variety in sexual behavior across species and for analogues of behaviors between species.
  - C) evaluating the behaviors and traits that may have lead to increased survival between species.
  - D) the ways in which cultural institutions and beliefs affect sexual behaviors and sexual beliefs.

*Answer: B*

*Diff: 1            Page Ref: 23*

*Skill: Conceptual*

97) Which of the following correctly summarizes one major finding from the cross-species perspective on human sexuality?

- A) Male-male and female-female sexual behavior is only found in humans and has not been observed in any non-human animal species.
- B) Foreplay is a uniquely human behavior, with no analogue found in any species of mammal, including the great apes and lower primates.
- C) The vast majority of animal copulation takes place in a face-to-face position, much like the primary sexual position of humans.
- D) The “higher” the species of mammal that is observed, the more likely their sexual behavior will be controlled by learning and experience rather than instinct.

*Answer: D*

*Diff: 3            Page Ref: 23*

*Skill: Conceptual*

98) Which of the following correctly states a relationship between the number of sexual partners and demographic characteristics from national samples in the United States?

- A) Asian Americans have the largest number of sexual partners out of any ethnic group in the U.S.
- B) Having completed more education is associated with having more sexual partners.
- C) The highest percentage of virgins was among people who were not religious.
- D) The number of sexual partners increases steadily as people age, all throughout their lives.

*Answer: B*

*Diff: 3            Page Ref: 24*

*Skill: Applied*

99) Which of the following correctly summarizes research on numbers of sexual partners for men and women in the United States?

- A) Women have a larger number of sexual partners than do men.
- B) Men have a larger number of sexual partners than do women.
- C) Men and women have equal numbers of sexual partners.
- D) There is no available evidence to determine if men and women differ in their number of sexual partners.

*Answer: B*

*Diff: 2            Page Ref: 24*

*Skill: Factual*

100) Interest in examining gender from the sociological perspective was spurred by the early work of

- A) Mead and Malinowski.
- B) Masters and Johnson.
- C) Alfred Kinsey.
- D) Richard von Krafft-Ebing.

*Answer: A*

*Diff: 1 Page Ref: 23-24*

*Skill: Factual*

101) Margaret Mead's research laid the groundwork for research

- A) on cross-cultural infertility problems.
- B) on extramarital affairs.
- C) on challenging gender-role stereotypes.
- D) on homosexual orientation.

*Answer: C*

*Diff: 2 Page Ref: 23-24*

*Skill: Factual*

102) Malinowski's study of Trobriand islanders during World War I included which of the following observations?

- A) The Trobrianders were very reserved about sexuality.
- B) The Trobrianders encouraged their children to masturbate.
- C) The Trobrianders were expected to be virgins until marriage.
- D) The Trobrianders reversed typical "Western" sex roles.

*Answer: B*

*Diff: 1 Page Ref: 23-24*

*Skill: Factual*

103) According to Ford and Beach's survey of 200 preliterate societies, kissing was

- A) rarely a part of sexual activity.
- B) a part of sexual activity in all societies.
- C) common only in societies with written languages.
- D) common, but not universal.

*Answer: D*

*Diff: 1 Page Ref: 26*

*Skill: Factual*

104) Based on sociological research, which of the following is true regarding childhood masturbation?

- A) Although most societies tolerate childhood masturbation, the United States does not.
- B) Childhood masturbation only occurs in wealthy societies.
- C) Societies typically ignore childhood masturbation.
- D) Societies vary from condemning to encouraging childhood masturbation.

*Answer: D*

*Diff: 2 Page Ref: 26*

*Skill: Factual*

- 105) From the sociological perspective, a “culture war” refers to
- A) conflicts between subcultures within a society.
  - B) conflicts between countries that are geographically close.
  - C) the influence of Western mass media within pre-industrial societies.
  - D) armed conflicts motivated by the desire to shift society toward preferred values.

*Answer: A*

*Diff: 3            Page Ref: 26*

*Skill: Conceptual*

106) In the report *An “Honor Killing” in Germany* from the text, which religious/ethnic group recently has clashed increasingly with mainstream German culture over women’s rights?

- A) Muslim immigrants
- B) American immigrants
- C) Jewish immigrants
- D) Turkish Christians

*Answer: A*

*Diff: 1            Page Ref: 27*

*Skill: Factual*

107) Based on the featured story *An “Honor Killing” in Germany* from the text, which of the following statements is MOST accurate?

- A) Muslim women in Europe enjoy more freedoms and suffer less restrictions than most other women in Europe.
- B) In some Muslim subcultures in Europe, women still suffer extreme limitations on their freedom and severe punishments.
- C) Although a few cases of murder have happened among Muslim immigrants in Europe, these immigrants mostly hold the same values as the dominant culture in their new country.
- D) The murder of a few Muslim women in Europe has sparked outrage among Muslim immigrants and has increased tensions between these subcultures and the dominant cultures of Europe.

*Answer: B*

*Diff: 1            Page Ref: 27*

*Skill: Applied*

108) According to Freud’s psychosexual development, children undergo

- A) two stages of development.
- B) three stages of development.
- C) five stages of development.
- D) gradual development with no certain stages.

*Answer: C*

*Diff: 1            Page Ref: 28*

*Skill: Factual*

109) According to Freud’s theory, an individual’s sexual impulses begin

- A) at birth.
- B) at five years of age.
- C) at puberty.
- D) with the loss of virginity.

*Answer: A*

*Diff: 1            Page Ref: 28*

*Skill: Factual*

110) Freud believed children developed erotic feelings toward the parent of the opposite gender during the

- A) latency stage.
- B) genital stage.
- C) anal stage.
- D) phallic stage.

*Answer: D*

*Diff: 1 Page Ref: 28*

*Skill: Factual*

111) All of the following are stages of Freud's psychosexual development EXCEPT

- A) mental.
- B) oral.
- C) anal.
- D) latency.

*Answer: A*

*Diff: 1 Page Ref: 28*

*Skill: Factual*

112) The theory which proposes that human behavior represents the outcome of the struggle between inner forces is

- A) psychoanalysis.
- B) feminist theory.
- C) queer theory.
- D) learning theory.

*Answer: A*

*Diff: 1 Page Ref: 28*

*Skill: Factual*

113) Which theorist originated the term "erogenous zones?"

- A) Alfred Kinsey
- B) Margaret Mead
- C) B. F. Skinner
- D) Sigmund Freud

*Answer: D*

*Diff: 1 Page Ref: 28*

*Skill: Factual*

114) Watson and Skinner emphasized the impact of rewards on the learning process, a process they called

- A) retribution.
- B) reinforcements.
- C) accolades.
- D) corroboration.

*Answer: B*

*Diff: 1 Page Ref: 29*

*Skill: Factual*

115) All of the following are major theories from the psychological perspective on human sexuality EXCEPT which one?

- A) Learning theory
- B) Cognitive theory
- C) Psychoanalytic theory
- D) Queer theory

*Answer: D*

*Diff: 1 Page Ref: 29*

*Skill: Conceptual*

116) In general, feminist theory

- A) challenges traditional roles of men and women, especially those that oppress females.
- B) systematically asserts the opposite of any research or opinion that was originated by men.
- C) values homosexuality among women as an ideal.
- D) investigates the sources of differences between men and women, with an emphasis on finding female superiority.

*Answer: A*

*Diff: 2 Page Ref: 29*

*Skill: Conceptual*

117) In studying human sexuality, which of the following statements is TRUE?

- A) Human sexuality is a complex interaction between biological, sociocultural, and psychological factors.
- B) Human sexuality is largely driven by biology and secondarily driven by culture.
- C) Cultural values and beliefs determine what is normal, natural, and moral in sexual behavior.
- D) There are many universal patterns of sexual behavior and universal beliefs about the morality of sexual behaviors.

*Answer: A*

*Diff: 2 Page Ref: 31*

*Skill: Conceptual*

118) Which perspective, or theory, on human sexuality focuses on challenging that sexuality is naturally divided into homosexuals and heterosexuals?

- A) Feminist theory
- B) Queer theory
- C) Sociological perspective
- D) Biological perspective

*Answer: B*

*Diff: 1 Page Ref: 30*

*Skill: Factual*

## **1.2 True/False**

1) Sex and gender refer to the same thing.

*Answer: FALSE*

*Diff: 1 Page Ref: 4*

*Skill: Factual*

2) Human sexuality is the process of engaging in sexual intercourse.

*Answer: FALSE*

*Diff: 1 Page Ref: 4*

*Skill: Factual*

3) Scientific knowledge will enable you to make the right sexual decisions.

*Answer: FALSE*

*Diff: 2 Page Ref: 5*

*Skill: Conceptual*

4) Value systems provide a framework for judging the moral acceptability of sexual options.

*Answer: TRUE*

*Diff: 1 Page Ref: 5*

*Skill: Factual*

5) Supporters of ethical relativism argue that allowing people to freely establish what is right or wrong may bring about chaos and decay.

*Answer: FALSE*

*Diff: 2 Page Ref: 6*

*Skill: Conceptual*

6) Cultural relativism ascribes moral superiority to cultural traditions.

*Answer: FALSE*

*Diff: 1 Page Ref: 7*

*Skill: Conceptual*

7) In the ascetic value system, one denies sexual desires.

*Answer: TRUE*

*Diff: 1 Page Ref: 7*

*Skill: Factual*

8) The core of critical thinking is skepticism, or not taking things for granted.

*Answer: TRUE*

*Diff: 1 Page Ref: 9*

*Skill: Factual*

9) History shows little evidence of universal sexual trends.

*Answer: TRUE*

*Diff: 1 Page Ref: 10*

*Skill: Factual*

10) The sexual advice on the Internet is mostly posted by respected authorities.

*Answer: FALSE*

*Diff: 2 Page Ref: 11*

*Skill: Factual*

11) Stone Age people were aware of the male's contribution to reproduction.

*Answer: FALSE*

*Diff: 2 Page Ref: 12*

*Skill: Factual*

12) All human societies have some form of incest taboo.

*Answer: TRUE*

*Diff: 1 Page Ref: 12*

*Skill: Factual*

13) In the age of the ancient Greeks, prostitution flourished at every level of society.

*Answer: TRUE*

*Diff: 1 Page Ref: 14*

*Skill: Factual*

14) Throughout most of human history, women have held rights and opportunities equal to those of men.

*Answer: FALSE*

*Diff: 1 Page Ref: 13-17*

*Skill: Factual*

15) In Ancient Greece, sexual relationships between adult men and adolescent boys were an acceptable part of their relationship as mentor and pupil.

*Answer: TRUE*

*Diff: 1 Page Ref: 14*

*Skill: Factual*

16) Sexual excesses in the world of ancient Rome were found more often among the upper classes of society.

*Answer: TRUE*

*Diff: 1 Page Ref: 14*

*Skill: Factual*

17) The term fornication stemmed from where Roman streetwalkers would serve their customers.

*Answer: TRUE*

*Diff: 1 Page Ref: 14*

*Skill: Factual*

18) Saint Augustine is generally credited with associating sex lust with the “original sin.”

*Answer: TRUE*

*Diff: 1 Page Ref: 14*

*Skill: Factual*

19) In a conservative Islamic society, a woman may unveil her face if she avoids eye contact with men.

*Answer: FALSE*

*Diff: 1 Page Ref: 15*

*Skill: Factual*

20) The *Kama Sutra* is a sexual manual written in Colonial days in North America.

*Answer: FALSE*

*Diff: 1 Page Ref: 15*

*Skill: Factual*

21) To the Taoist masters of china, sex led to harmony and immortality.

*Answer: TRUE*

*Diff: 1 Page Ref: 16*

*Skill: Factual*

22) Graham invented the graham cracker to help young men control their sexual appetites.

*Answer: TRUE*

*Diff: 1 Page Ref: 18*

*Skill: Factual*

23) Krafft-Ebing viewed sexual deviations as untreatable mental diseases.

*Answer: FALSE*

*Diff: 1 Page Ref: 19*

*Skill: Factual*

24) Masters and Johnson were the first researchers to provide a comprehensive picture of sexual behavior rates in the United States.

*Answer: FALSE*

*Diff: 1 Page Ref: 21*

*Skill: Factual*

25) Evidence shows that men show greater erotic plasticity than women do.

*Answer: FALSE*

*Diff: 1 Page Ref: 22*

*Skill: Factual*

26) Evolutionary theorists have not been able to explain why the female partner in some species kills and eats the male partner after copulation.

*Answer: FALSE*

*Diff: 1 Page Ref: 23*

*Skill: Factual*

27) Name three “professional groups,” besides psychologists, that have contributed to the field of human sexuality.

*Diff: 2 Page Ref: 4*

*Skill: Conceptual*

### **1.3 Short Answer**

1) List four value systems that may influence sexual standards.

*Diff: 3 Page Ref: 5-6*

*Skill: Conceptual*

2) List two examples that demonstrate how woman’s role has changed throughout the history of human sexuality.

*Diff: 2 Page Ref: 10-21*

*Skill: Conceptual*

3) List four early researchers in human sexuality and give a description of their contributions to the field.

*Diff: 3 Page Ref: 18-21*

*Skill: Conceptual*

4) List three influences the biological perspective may have on research in human sexuality.

*Diff: 2 Page Ref: 22*

*Skill: Conceptual*

5) List two of the challenges made by feminist theory.

*Diff: 3 Page Ref: 29-30*

*Skill: Conceptual*

6) Name one of the assumptions that queer theory challenges.

*Diff: 2            Page Ref: 30*

*Skill: Conceptual*

#### **1.4 Essay**

1) Name and describe four value systems that may guide an individual's ethical decision making. Further, elaborate on how each system would influence sexual decisions.

*Diff: 3            Page Ref: 5-6*

*Skill: Conceptual*

2) Explain what is meant by "the core of critical thinking is skepticism."

*Diff: 2            Page Ref: 9*

*Skill: Conceptual*

3) Choose two cultures from the historical perspective that differ from your own experiences and values. How are these cultures different from your experience?

*Diff: 3            Page Ref: 10-21*

*Skill: Conceptual*

4) Critically discuss the quality and sources of sexual information on the Internet. Discuss how one should be an intelligent consumer of Internet information.

*Diff: 2            Page Ref: 11*

*Skill: Conceptual*

5) Compare and contrast Eastern and Western religious traditions and describe the impact of each tradition on sexual practices.

*Diff: 3            Page Ref: 14-16*

*Skill: Conceptual*

6) Briefly explain the concept of evolution and discuss the application of natural selection to sexual behavior.

*Diff: 2            Page Ref: 22*

*Skill: Conceptual*